

# **BODY PERCUSSION**

**This week in music we are going to explore body percussion. Body percussion is when we use our bodies as an instrument to make different sounds and rhythmic patterns!**

**Click on the picture below to watch a performance of Anna Meredith's body percussion piece composed especially for the BBC Ten Pieces. Listen carefully to the repeated patterns and sounds made by people using their bodies as instruments.**



**Anna Meredith is a Scottish composer who writes electronic and acoustic music. She likes to work with orchestras, bands and choreographers to create music that uses clapping, stamping, shouting and beatboxing instead of instruments. In Anna Meredith's body percussion piece, 'Connect It' a variety of rhythmic sounds and movements are passed between the performers. This musical effect is known as a canon. A canon is where two or more instruments, voices or sounds play the same music, but starting at different times.**

**Have another listen to Connect It as you now try to complete the next steps on Page 2. Listen and watch very carefully to how the sounds are being made. Can you describe these sounds in Step 2? Try to show us your favourite movement in Step 3, you might choose to draw a picture of this movement or take a photo/video of yourself having a go! Have fun!**